

God is a River by Peter Mayer ¹

<p>In the ever-shifting water of the river of this life I was swimming, seeking comfort; I was wrestling waves to find A boulder I could cling to, a stone to hold me fast Where I might let the fretful water of this river round me pass And so I found an anchor, a blessed resting place A trusty rock I called my savior, for there I would be safe From the river and its dangers, and I proclaimed my rock divine And I prayed to it protect me and the rock replied</p> <p>God is a river, not just a stone God is a wild, raging rapids And a slow, meandering flow God is a deep and narrow passage And a peaceful, sandy shoal God is the river, swimmer So let go</p>	<p>Still I clung to my rock tightly with conviction in my arms Never looking at the stream to keep my mind from thoughts of harm</p> <p>But the river kept on coming, kept on tugging at my legs Till at last my fingers faltered, and I was swept away So I'm going with the flow now, these relentless twists and bends Acclimating to the motion, and a sense of being led And this river is like my body now, it carries me along Through the ever-changing scenes and by the rocks that sing this song</p> <p>Refrain - God is a river...</p> <p>Songwriter: Peter Mayer</p>
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Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to the next prompt and so forth. A person can pass.

- 1. Tell of an experience where it felt like you were holding on to a rock in a strong river current and “at last your fingers faltered and I was swept away.”** (how did you feel at the time and what happened next?)
- 2. Share a story where you felt being led by God (Creator), by a loving and grace filled presence.** (was there a moment of just letting go and letting God guide and comfort you?)
- 3. Share your thoughts or feelings about the metaphor of being a swimmer in the river of life, where “God is a River.”** (where is the river taking you?)

Check out and download more small group storytelling reflections and prompts at:

<https://lifesjourney.us/storytelling-in-small-groups-menu/>

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¹ <https://www.petermayer.net/music> , (accessed December 16, 2023).